

Matten, Ellen

From: Mary Ann Unger [munger@dolsun.dol.state.nj.us]
Sent: Friday, May 07, 1999 12:40 PM 0407 '99 JUN -4 A9:44
To: USCodex@dchqexs1.hqnet.usda.gov
Subject: Last Night I nearly died

Sensitivity: Personal

Last night I nearly died after eating a sauce mix that had MSG in it and no label to tell me this. My heart rate was over 100, I had fiery pain shoot across my back and down my arms. Yes, this had happened before -- on MSG.

And yet, the FDA simply ignores the toxic reaction that I and many Americans suffer from this substance in any of its hidden names.

Wasn't it a year or two ago that the FDA came out with "evidence" that MSG causes relatively minor physical harm. Obviously the tests were not conducted on persons with sensitivity to the subject.

So while whatever big name brands get to say they have "stock" or "spices" or whatever you let them say rather than the truth, people like me will suffer . . . some of us may even died -- all because of the almighty buck that shapes the course of research and of corporations. When will the FDA acknowledge the severe problems, the life threatening problems that occur to those of us with sensitivity to MSG, to those of us who read the labels with FDA-approved wording and still do not know the poison that resides within the pleasant packaging.

Mary Ann R. Unger

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